

My Dear Parishioners,

Thirteen years ago Bobby was a 19 years old walking a patrol in the streets of Bagdad. The nightmares continue to this day: buddies dying suddenly and instantly at his side, innocent children and women burned and mutilated, roadside bombs exploding, stinging chemicals burning his eyes and nostrils. He has tried everything-drugs, alcohol, psychological therapy but he cannot escape the memories and images etched in his mind. He still struggles with the **demons of war and death**.

Mary is in her mid-forties. She spends her days stocking shelves and ringing up sales. She makes a few cents more than minimum wage. Each night she returns to her small empty apartment. Just a year ago she was happily married or so she thought. Her life and marriage came crashing down in betrayal and acrimony. Now she is alone and terrified at the prospect of meeting anyone and engaging in any kind of relationship. Her greatest fear is being deceived and hurt again. Mary still wrestles with the **demons of cynicism and brokenness**.

Johnny flunked out-big time. He did not know how to handle the new responsibilities of being on his own. He could not manage the demands of his studies, football practice, and work schedule. He had worked hard to get into this first-tier university but the immensity of the school swallowed him up. He is home now working dead-end part-time jobs that he thought he had left behind forever when he graduated from high school. His parents are understanding and supportive but he knows that they are disappointed in him. He realizes the major outlay of tuition that was lost in his failed freshman year. He has no idea what to do next and worries about his future. Every day Johnny still carries the **demons of failure and frustration**.

**Demons** do exist in our lives. Traumatic experiences, emotional disasters and shattered dreams trap us, enslave us, cripple and wound us deeply. These tragedies of life can **possess** us causing us to stumble and fall into the empty void of darkness. The **demons** in our life can leave us feeling alone and forgotten because they drain us of hope and life. Our **demons** force us to surrender to them rather than confront them. **Demons** of anger, bitterness,

fear, hurt, inadequacy, jealousy, resentment, sadness and weariness can **possess** all of us at one time or another and cause us to destroy our lives and or the lives of others. **Healing** is necessary for us to chase away our **demons** and reclaim our lives. **Healing** is necessary for us so that we can restore our communion with God, family and friends. God's grace provides the **healing** that we all need. God's grace enables us to drive out those **demons** that divide our families, sever our friendships, and render our spirits in hopelessness and despair. God's amazing grace enables us to cast out the **demons** that isolate us; that mire us in fear and selfishness; and blind us to the love of God in our midst.

Our Scripture readings for today re-affirm the fact that **demons** do exist in our lives. However, our readings also **reassure** us that God **does** provide us with the necessary **healing power** to cast out those **demons**.

In our first reading we are introduced to a man named Job. Job's story is that of a rich and upright man whom God allows to be tested by Satan to see if he will remain faithful even under severe duress. In a series of disasters Job's flocks are destroyed, his wealth lost and his children are killed. Job himself is then brought low by a repulsive, painful disease. He naturally wonders why all this is happening to him so he cries out to God. His wife prods him from the start to curse God but he will not. Four friends then come to counsel him. They offer Job various refinements of the basic tenet of the then prevailing theology that runs all through the Deuteronomic Literature; namely that God always rewards the just and punishes the evil person..

In today's passage Job is crushed by the torment of his own situation as he wrestles with his personal **demons**: anger, anxiety, depression, drudgery, frustration, hopelessness, misery and weariness. He bemoans the harshness of his life and questions God about his sufferings and fate. He compares his life situation to the life of hard military service; to the life of a hireling who has no say about his working conditions; and to the life of a slave who is totally dependent upon the slaveholder. His metaphors describe the tribulations of his life and express the helplessness that is experienced in it. Life

becomes drudgery for him and he feels restless about his days and anxious about his nights. Life seems to be armed against Job and there is neither defense nor escape. So many circumstances are beyond his control. He screams out in anguish and despair: “Why me?,” demanding that God hear his cries and answer his pleas. Job is never completely satisfied with the answers God provides for his questions. Nevertheless his misfortune does change for the better as God graces him with the **healing power** to confront and conquer his **demons** and **sufferings**.

As Christians we know that Jesus **is** the answer to Job’s lamentations since Jesus heals the sick and drives out the **demons** that have destroyed the lives of those possessed. We know that much of Jesus’ ministry consisted of preaching, healing and driving out **demons**. Today’s Gospel passage from Mark emphasizes the healing ministry of Jesus. This makes Jesus very popular among His people. However, Jesus is not altogether comfortable with His rising popularity as a miracle worker.

Today’s passage begins with the healing of Simon’s mother-in-law. With the healing of Peter’s mother-in-law, other healings in the evening and the casting out of **demons**, Mark’s Gospel provides a typical picture of Jesus’ ministry and shows us that He exercises the unique **authority** over the powers of illness and death. Mark presents a Jesus upset by everything which oppressed and depressed the human spirit. He demonstrates that Jesus’ mission was to heal broken bodies and broken spirits and in the process to find His self-fulfillment. Jesus’ miracles and exorcisms witness the impact of the arrival of the kingdom and therefore salvation. His miracles and exorcisms prove that Jesus possesses **authority** over evil and the powers of death. The principal message of Jesus’ preaching is the long-awaited establishment of the reign of God. However, before God’s reign can take firm root and thrive, the reign of **evil** must be dislodged and cast out.

In the people presented in today’s readings we have good models for ourselves when we are dealing with our **demons** of depression, boredom, hopelessness and discouragement. Job in his suffering and pain finally turned to God for answers. Jesus (upset by everything that depresses or enslaves the

human spirit) spent Himself to heal other people. He responded to those brought before Him, curing the ill and driving out demons from the possessed. He is the compassion of God present to the people who come to Him. Perhaps we could do no worse than to accept as a model one whom some might consider being the least of today’s cast of characters: Peter’s mother-in-law. She resisted our human tendency to seek to be comforted and consoled but not to comfort and console others, to seek to be encouraged but not to encourage others. She found that they only way to experience full and true **healing** is to provide **healing** for others—“she immediately began to wait on them.” She realized that her **healing** is connected with her desire to **serve** others.

As disciples of Jesus in our time and place we are called to do His work: proclaim God’s presence in our midst, confront our own **demons** and allow God’s reconciliation and forgiveness to **heal** and restore us. We are also called to be **agents of healing** and restoration for our fallen brothers and sisters. Today let us ask ourselves: “Am I doing God’s work? Am I being useful for God and God’s people? Am I confronting my personal **demons** and doing something about it? Am I helping others face their **demons** and being an **agent of healing** for them?” Have a blessed week.

Love & prayers,

Fr. John

### **DAILY LENTEN DEVOTIONS**

The Redemptorists have published a Daily Lenten Devotion Book for 2018 in English and Spanish. Copies of this book are available in the Church Narthex. Suggested donation for a copy of this book is **two** dollars. Thank you. Fr. John

**DAILY MASS:** In the event of bad weather during the week, *if school is cancelled, know that Mass also is cancelled.* If school is delayed, then we will only celebrate a 9 o'clock Mass but please use your judgment whether or not to attempt to attend.



#### FLU SEASON

During this flu season I suggest that at the Kiss of Peace during Mass we refrain from shaking hands with those around us in order to prevent the spreading of germs. Instead let us share words of peace with one another.

Thanks, Fr. John

#### SOCIETY FOR THE PROPAGATION OF THE FAITH



By our Baptism, we are ambassadors for Christ, called to share our faith with our family and friends, with our neighbors, indeed, with the whole world.

**Today** we are invited to make a special commitment as missionaries. We are invited to join the worldwide mission of Jesus by joining the Society for the Propagation of the Faith, reaching out to the people of the world in more than 1,150 mission dioceses worldwide.

In making this commitment we pledge to **PRAY** daily for the missionary work of the Church (offering our personal crosses for the missionaries and those they serve) and **OFFER REGULAR FINANCIAL HELP** in support of those who bring the "Good News" of Jesus to our brothers and sisters throughout the Missions. Please say "yes" to this special missionary call this weekend.

#### MARRIAGE ANNULMENTS

The Tribunal of the Diocese of Harrisburg will be giving 2 presentations within the diocese concerning marriage, divorce and annulment according to Church. These presentations will be helpful for divorced Catholics; those divorced who wish to marry Catholics, those parish leaders involved in the RCIA process and others who may have a vested interest because of family or friends.

March 12 - St. Joseph's Parish in York at 7 PM  
March 19 - Cardinal Keeler Center, Harrisburg, 7 PM  
No prior registration is required. For further information, please call 717-657-4804 ext. 304, or email: [tribunal@hbgdiocese.org](mailto:tribunal@hbgdiocese.org)

#### STATUS FOR BEING A SPONSOR

We receive many requests from parishioners to be a sponsor for the Sacraments of Baptism and Confirmation. Part of that request is to be able to verify that a person is practicing their faith and is an "active member of OMPH Parish."

"An active member" of this parish is one who:

- Is properly registered for 6 months.
- Faithfully attends Mass on Sundays and Holy Days.
- If married, must be validly married, in the Catholic Church.
- If single, must be 16 years of age and have received the Sacrament of Confirmation.
- Participates in parish activities when possible.
- Regularly contributes through the Sunday offertory collection by use of the parish envelope system or direct withdrawal. (Your envelope use confirms attendance at Mass.)
- While assessments of an inquirer's status will be made individually, the above main Diocesan factors that will be considered in making that determination.

#### YOUNG ADULT MINISTRY

**Who Am I to Judge? Responding to Relativism With Logic and Love.**

**What:** An 8-week Young Adult Study  
30-minute video/30-minute Discussion/No Homework

**Where:** St Leo the Great Lancaster – Weber Center

**When:** Tuesday Nights at 7:30 starting February 20<sup>th</sup>

**Sign Up/Questions:** Liz Kreckel  
([ekreckel@gmail.com](mailto:ekreckel@gmail.com))

#### LANCASTER THEOLOGY ON TAP

**Who:** All young adults (20's and 30's/married and single) are welcome to attend.

**What:** "I'm Giving Up - What Life Taught Me About Lent" - With Sean Patrick Malloy

**When:** Thursday, February 8<sup>th</sup>, 2018 - 7:00 Happy Half Hour, 7:30 Speaker followed by Q&A

**Where:** Federal Taphouse (on the second floor) - 201 N. Queen St., Lancaster, PA.

### A PILGRIMAGE FOR YOUNG ADULTS

Join Pope Francis and young adult Catholics from around the world for an experience of the Universal Church. Post high school young adults (ages 18-35) will gather January 21-28, 2019 for World Youth Day 2019 in Panama. This promises to be a week of engaging prayer, vibrant liturgy, powerful catechesis provided by Cardinals and Bishops, concerts by Catholic artists, and an unforgettable vigil and Mass with the Holy Father. For information visit [www.hbgdiocese.org/youngchurch](http://www.hbgdiocese.org/youngchurch) or contact Rob Williams at 717-657-4804.

### LENT TO REMEMBER

#### A Lenten Encounter with Mercy

Join us for a 4-week video-based study based on [formed.org](http://formed.org) featuring the Augustine Institute original productions *Symbolon* and *Forgiven*. The Transforming Power of Confession. A Lent to Remember is a beautiful presentation of the transforming power of mercy in the Sacrament of Confession. No matter what you have done, no matter how long you have been away, Jesus is waiting for you with open arms this Lent!

- Week One: 2-12-18 to 1-18-18  
**Forgiven: Where Are You?**
- Week Two: 2-19-18 to 2-25-18  
**Forgiven: An Encounter with Mercy**
- Week Three: 2-26-18 to 3-4-18  
**Forgiven: Embraced in Mercy: The Rite Explained**
- Week Four: 3-5-18 to 3-11-18  
**Symbolon: The Paschal Mystery**
- Bonus Episode: For Children  
**For Children: How to Make a Good Confession**

#### NOT ON FORMED YET? EASY AND FREE TO REGISTER!

1. Go to [www.formed.org](http://www.formed.org) Parish Code **4BGYH2** and click "register"
2. Enter your name, email address, and desired password
3. Use the *Symbolon* and *Forgiven* Leader Guides for discussion



### MASS INTENTIONS

#### Monday, February 5, St. Agatha, Virgin & Martyr

7:00 †Joe & Ann Notaro

9:00 †Don Thomas

#### Tuesday, February 6, St. Paul Miki and Companions, Martyrs

7:00 †Luther Shimp

9:00 †Melissa Kurtz

#### Wednesday, February 7

7:00 †Antonia & George Vazquez

9:00 †Larry Lehmier

#### Thursday, February 8, St. Jerome Emiliani; St. Josephine Bakhita, Virgin

7:00 †Melissa Kurtz

9:00 †Special Intention

#### Friday, February 9

7:00 †Luther Shimp

9:00 †Velma Pagerly

#### Saturday, February 10, St. Scholastica, Virgin

9:00 †Kathy Brandt-Wiley

5:00 †Paul & Anna Kwaiatkoski

#### Sunday, February 11, 6<sup>th</sup> Sunday in Ordinary Time

7:30 For the Parishioners

9:00 †Regina Pushauer

11:00 †Harry & Kay Spang



### IN OUR THOUGHTS AND PRAYERS

We will be publishing the names of your dear loved ones who are seriously ill or injured. After the period of one month their names will be removed. For example, names announced in the bulletin the third week of the month will be removed the third week of the following month. If at that time prayers are still needed, please feel free to contact the parish office, and we will be more than happy to re-publish your loved one's name.

February 4: Maria Mannino, Margaret Gardner, Jane Muldowney, Brenda Crawford, Stephen Stanavage, Jennifer Ranker, Janet Tomko, Jean Givler, Abigail Lowe-Critchfield, Michael Lillis, Richard Warner, Jim Lehmier, Tonya Stoner, Kevin Kaiser, Jody Shimp.

14 January: Declan Morgan, Anna Leshner



Date	Amount	Needed	Difference
1-28-18	\$16,344.15	\$14,950.00	(\$1,394.15 )
YTD	Amount	YTD Needed	Difference
1-28-18	\$419,031.84	\$463,450.00	(\$44,418.16 )

**ADORATION OF THE BLESSED SACRAMENT**

This is probably one reason why Paul was so dedicated to his work as an apostle. He knew the joy of heaven, and he didn't want anyone to miss out on it. And so he made it his life's mission to become "all things to all" so that he could "save at least some." You can sense Paul's determination from the fact that he used the word "win" four times in just three verses. "Winning" for him meant bringing people to the Lord. It meant doing anything he could so that people could come to know Jesus' salvation.

So how can we win people to Jesus? How can we become all things to all? Paul would tell us to learn how to talk about sports so that we can meet sports fans on their level. He would tell us to learn how to talk about current events with an accent on God's plan. He would tell us to learn what it means to have nothing so that we can relate to the poor or what the main concerns of young people are so that we can put ourselves in their shoes and win them.

**SANCTUARY LAMP**



Eisenhart.

You may have the Sanctuary Lamp burn for a sick or deceased loved one for a donation of \$5 to defray the cost of the candles. This week the candle burns for the Thomas

**BENEVOLENT SOCIETY**



We are constantly reevaluating our needs at the OMPH Community Food Bank run by our parish Benevolent Society. We are currently in need of Peanut butter, jelly, boxed dinners, egg noodles, & tuna. Please place items in the food bank crate in the narthex of the church. We are amazed and thankful by the support of our parishioners.

**NURSERY VOLUNTEERS**

**AND COORDINATOR NEEDED**



The OMPH Church Nursery is in need of adult volunteers during the 9AM Mass on Sundays. Volunteers are needed for one mass a month or as little as four times a year.

**Diocesan Youth Protection Clearances area required.**

**The Nursery is also looking for a new coordinator,** who would schedule volunteers and help maintain the nursery. If you are interested in volunteering or coordinating please call Laura Kauffman at (717) 575-8221 or email [omphnursery@yahoo.com](mailto:omphnursery@yahoo.com) to get more information.



**Religious Education Corner:**

**Religious Education Upcoming Events:**



**Valentine's Basket/Bake Sale After All Masses  
Saturday, February 10<sup>th</sup> And Sunday, February 11<sup>th</sup>.**

**Our RE Class Schedule For The  
Month Of February Is As Follows:**

**Sunday, February 4<sup>th</sup> – RE Classes In Session From  
2:00 PM – 3:15 PM This Week Only**

**Sunday, February 11<sup>th</sup> – RE Classes In Session**

**Second Weather Make-Up Class If Needed Otherwise**

**Sunday, February 18<sup>th</sup> – NO RE Classes**

**OMPH BENEVOLENT SOCIETY 2017  
WHO WE ARE, WHAT WE DO, HOW YOU  
HELP**



For over 40 years the OMPH Benevolent Society has been providing food and emergency financial assistance to families in need in the

Denver/Ephrata area. There are over 90 volunteers who donate their time to this important ministry.

The main objective of the Benevolent Society is the management of the food bank, which is open every Wednesday evening from 5:00-6:30pm. The food bank is located in the white building on the grounds of St. Clements Mission House. We served an approximate average of 140 households from the northern Lancaster County area per month distributing approximately 1752 boxes of food in 2017. One box of food has approximately \$35 worth of food in it so we distributed over \$61,000 in nonperishable food items last year. Some of the food is purchased, some obtained from Central Food Bank in Harrisburg through grants and some food comes from various food drives. However, a huge share of the food we hand out each week comes from the generosity of our parishioners. The Benevolent Society crate in the church lobby is filled every week by YOU! And, we are EXTREMELY grateful. We also receive perishable food each week from Redners, Target, Weisers, and Weis Markets. We are excited to announce that we recently began receiving donations from Aldi and Four Seasons. The items received from these local businesses range from fruits and vegetables to bakery items to frozen foods to dairy products. So, in addition to the \$35 in nonperishable items our participating families receive, they can receive double or even triple that in perishable items depending on what we receive that particular week. We are so grateful to these businesses for the ability to offer a wide variety of items to our food bank visitors.

In 2017, our volunteer numbers increased dramatically. Our call for new volunteers is always answered and we have many of these volunteers taking on various roles in the administration of the Benevolent Society and the food bank. The teamwork is impressive as everyone puts the goal of community service in the forefront.

A goal for 2018 is to continue increasing our volunteers to meet the needs of the increasing number of donations we receive. We also will be creating an O.M.P.H. Community Food Bank brochure to offer information to the community at large regarding our ministry and alter the public mindset that our food bank serves only our parish.

A secondary mission that the Benevolent Society provides is financial help in emergency situations. We received \$33,840 in donations and memorial contributions in 2017. Every single donation, no matter how small has enabled us to provide the following assistance:

- \$ 8,868 utilities (fuel, electric, water, etc.)
- \$14,467 housing (rent, mortgage)
- \$ 1,639 medical expenses
- \$11,188 food

TOTALING \$36,162 in assistance provided

The OMPH Community Food Bank expenses are met entirely from poor box contributions and other donations. Thank you for allowing us to manage this ministry and provide our services without an organized fundraiser! The generosity of our parishioners never ceases to amaze us. Please know that every can of food and dollar that you donate goes directly to use at the OMPH Community food Bank or assist our neighbors in need. Because of you, we are able to serve the underserved in our community and our parish. We are extremely grateful.



### YEARLINGS NEWS

We will meet for lunch on Tuesday, February 13<sup>th</sup> at 11:30. Join us at Gus's Restaurant on Rothsville Road. Please call Gloria at 717-728-9098.



**SAVE THE DATE**  
OMPH CYO Athletic Association Fundraiser, Designer Bag Bingo, \$20 Ticket Price, Saturday 4/28/18 1-4pm. More details to come!

### RADIATE YOUTH GROUP

Radiate Youth Group will be meeting on Sunday, February 11th, at 5:30 pm in the church for a short prayer service followed by a service project. Grades 7-

12 are welcome to join us. Bring a friend! It is encouraged for all youth who are registered for Steubenville conference this summer, to attend this meeting. We will be doing some planning on the group t-shirt designs for the trip. Hope to see you all there. Any parishioners who care to join us for the prayer service are also welcome. God bless you all! In His Service, Denise Ives

"Youth Ministry is happy to announce our plans to take 8 youth from this parish to Steubenville Youth Conference in July. This 3-day weekend of Spirit-filled worship is life changing and such a priceless blessing each year. Unfortunately, the total trip cost per youth is NOT priceless. It runs around \$315.00 per youth. We humbly ask you to please consider supporting our youth with prayers and monetary gift at the February 3-4 weekend. The youth will be at all Masses in the narthex to gratefully accept any contribution you can give. Thanks and God bless you for your sacrifice. Any questions or comments, please contact me at 717-989-8900. Thanks. In His Service, Denise Ives"

Girls Crusaders Spring Softball ages 7-12  
(age as of 1/1/2018)  
Registration and more  
information online at



<https://stleosathletics.com/>. St. Leo's Athletic Association invites your daughter to play the great game of softball with the 2018 season of Crusaders Girls' Fast-Pitch. Our program is open to any girl attending a Catholic school or parish within Lancaster County. The program is for all levels of skill, with an emphasis on confidence and instruction. Girls new to the sport are welcome at any level: 8U, 10U, 12U. Your daughter's age on January 1 determines her eligibility. Registrations accepted now through 2/9, late deadline 2/16. For program information call/text Jude Krady 717-314-5965 or email [jdkrady@msn.com](mailto:jdkrady@msn.com).

### GRACE: THE BIG QUESTION

What is grace? How do we receive it? Who can receive it? Are there different types of grace? Are there mistaken or erroneous teachings about grace? How does contemporary research help us understand the idea of grace?

All of these questions will be answered within a 33 minute film on Sunday, February 18 after the 7:30 Mass and after the 9:00 Mass in the Bernardine Center at 10:15. If you go to 11:00 Mass, you can still attend the 10:15 showing. Please plan to attend!

Please add the clip art you have been using. If you are able to forward it to me I will add it each week.

### OMPH SCHOOL REGISTRATION FOR 2018-

19

WE ARE ENROLLING! Registration is now open to all parish families for Preschool through Grade 8 for the 2018-2019 school year. The Preschool program, for children who are 3 and 4 years old by September 1st, provides developmentally appropriate activities in a Catholic environment and offers an after-care program. Our full day Kindergarten program, for children who are 5 years old by September 1<sup>st</sup>, provides daily Religion class along with skill development in Language Arts and Math and special classes in computer, library, physical education, art, and music. Students in grades 1 through 8 experience an education noted for academic excellence in an environment which reinforces our Catholic identity. An on-site after school program is also available.

Come see why so many families choose OMPH Catholic School for their children! Personal tours can be scheduled by calling the Development Office at 717-738-2414. Financial aid is available to qualifying families through FACTS Grant and Aid Assessment. **The deadline to apply for financial aid is March 25<sup>th</sup>!**

To learn more about our school, please visit our website at [www.omph.org](http://www.omph.org) or call the school office at 738-2414 for further information. **Find us on Facebook** at OMPH Ephrata!

### DO SPIRITUAL BATTLE



Evil must be fought head on, and fought with spiritual weapons. The powers of evil go after the most innocent, the babies, and the children. Our Good God informs us in Psalm 8 that his glory above the heavens is chanted by the mouth of babes and infants. We must rouse ourselves and protect them. We battle the spirits of darkness through prayer, the rosary, fasting and adoration. God tells us that he made us a little less than Himself and crowns us with glory and honor. God has given us dominion over the works of his hands and put all things under our feet. The joy we feel when we see an ultra sound of a baby not yet born gives witness to this truth.

If we saw someone drowning, we would shout for help, or throw a lifesaver. Today, look at the crosses outside the church, and throw a lifesaver to some unknown woman struggling with an unplanned pregnancy. Few women "choose" abortion freely, but settle for the killing of her baby because she feels she has **no other** choice. One prayer, one offering may be the grace needed to give a baby the chance to have a birthday. O Lord, our Lord how majestic is thy name in all the earth. Throw a lifesaver to some little baby. Break the silence around abortion.

**Andrea Ostrowski and Dave Olszewski**

### A LENT TO REMEMBER

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