



OMPH School Scene

Staying Fit at OMPH School



Tuesdays and Thursdays are two days set aside for physical education at OMPH. Many students look forward to these days and the activity scheduled for their class. Each activity runs for a total of four weeks. This allows students the opportunity to hone the skills necessary for each scheduled activity. Physical education classes begin each week with a prayer, warm ups and an explanation or review of rules for the scheduled activity.

This year, kindergarten through second grade began the school year by participating in tee-ball. Students were taught how to stand at the tee and how to hold the bat correctly. Next, they were instructed to keep their eye on the ball and to swing the bat against the ball to watch it fly through the air! Students really enjoyed tee-ball and especially, viewing how far their classmates could hit the ball.

Third grade through fifth grade participated in whiffle ball to start off the school year. Students demonstrated good eye/hand coordination when stepping into the batter's box to hit the ball. Students in the outfield did a great job working together; catching the ball and coordinating who to throw the ball to in order to get outs! Students did a great job showing good teamwork and demonstrating fair play.



To also stay connected with the current sports season, the middle school students, "Kicked off" their year with two hand touch football. The first week, students practiced throwing and catching the football, as well as practicing kick offs using the kicking tee. The following classes were dedicated to playing two hand touch football. For each class, prior to engaging in the sport, the game rules and terminology were reviewed. Seventh and eighth grade students were then tested on their knowledge of football rules during the last week of the unit.

Students are now finishing up their Frisbee unit and looking forward to the next activity. I look forward to encouraging the OMPH students to actively engage in physical activities and stay fit. I would also like to thank Mrs. Miller for volunteering her time to help watch over the students during physical education classes.

Mrs. Kiefer. Physical Education Teacher

Another Successful Auction!



The OMPH School Development Office extends our heartfelt thanks to the parish and school community for your wonderful support of Treasure Island Auction. Thank you also to those who volunteered their time, talents and resources, especially the Treasure Island Planning Committee: Melissa Brinser, Veronica Dube, Tom Fertal, Amy Holland, Jennifer Hutnyk, Lisa Sheaffer and Laura Zoll. This year's event was a great success with many new faces. With your help, we were able to raffle over 185 items in addition to over 50 live and silent auction items. Over \$29,500 was raised which will benefit the children, the school, and our tuition assistance program. Thank you again for your talents and support. We look forward to seeing you next year when our auction will be on November 2, 2019.

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