



## LUNCH PROGRAM GUIDELINES

Welcome to the new school year! Please note the following information and share it with your child(ren). There have been many changes this year. **OMPH will be a tree nut and peanut free school. Please do not send your child to school with lunch that contains peanuts or tree nuts**

- The cost for lunch will be **\$3.50** per meal (entree, side and fruit).
- We will be offering ala carte items in addition to the day's meal
- Chocolate, skim, and 1% milk will be offered daily at a price determined by the state based on gov't prices for milk. Children will select their own choice of milk. If you have a preference for your child, please tell them what you would like them to choose. We are unable to supervise each child's choice.
- Water will be offered at \$0.50 a bottle.
- **Under Category Fruit we consider fresh or canned fruit, Pudding, Jell-O or Yogurt.** Two or three varieties of fruit (pears, mandarin oranges, peaches, applesauce, pineapple, and fresh bananas), chocolate or vanilla pudding, Jell-O and two or three yogurt choices will be available each day for your child to choose. When the cafeteria staff delivers the food to the classroom, we will give the student the option to choose the fruit of their choice
- The school lunch program provides buyers a napkin and plastic utensil. Knives are not provided; therefore we will serve bite sized food or finger food. If you pack your child's lunch, please send utensils needed, as we cannot provide them for children who bring their own lunch.
- Cafeteria personnel are not responsible for retainers, plastic containers, or silverware that is thrown out.
- If a child realizes at lunchtime that they have forgotten their lunch, they should see their teacher or Mrs. Clemson.
- In accordance with the Diocesan Wellness Policy and due to allergy concerns, **OMPH will be a tree nut and peanut free school. Please do not send your child to school with lunch**

**that contains peanuts or tree nuts.** Also no birthday treats are allowed in school anymore, your child may dress down or dress up on the day of their birthday. For students whose birthday falls on a weekend or day off from school, they may dress down (dress up) on a designated day before the time off.

- Monthly menus will be emailed and posted on [www.omph.org](http://www.omph.org). Once our new lunch system is operational, you will receive further information on accessing our monthly menus.
- We strive to keep our students well-nourished and satisfied. Our cafeteria food is geared to the children's taste while keeping in mind good nutrition. If at any time questions arise, please write a note to the cafeteria manager. I will try my best to resolve any questions or concerns.

We are required by the Diocese to follow the wellness guidelines to provide a balanced meal. When buying lunch, students can choose to purchase:

**\$3.50 full lunch consisting of entrée, side and fruit (fruit, pudding, Jell-O or yogurt)**

**\$2.25 only main entrée**

**\$1.00 side**

**\$1.00 fruit (fruit, pudding, Jell-O or yogurt)**

**\$1.50 Cereal**

**\$0.13 Milk**

**\$0.50 Water Bottle**

**Students may purchase as many items as they want, but everything has to be preordered!**

**For new families** - an online account will be established for your child using FSS (Food Service Solutions) in which you will be able to deposit money. **For returning families** – please log in into your account from last year ([myschoolaccount.com](http://myschoolaccount.com)), you may have remaining balance.

During homeroom each day, the homeroom teacher will take a lunch count in the morning to get the number of lunches so that the cafeteria staff may prepare sufficient food and avoid waste.

**If your child plans to buy lunch on Wednesday, August 26<sup>th</sup>, you MUST preorder latest the night before.** You can preorder upfront for the whole week or month. We ask all families to maintain at least \$10.00 in each child's lunch account.

**Since we will eat in classrooms, there is no opportunity to buy anything extra, this will change once the students are allowed to return to cafeteria to eat.** Accounts with a balance under \$10.00 will receive notification emails through FSS. Once the system is operational, we suggest that you deposit enough funds to cover about one month's worth of lunches for your child(ren). Amounts of \$50, \$100, \$150, or \$200 are recommended since there is a \$2 charge for the online system for each "deposit." More details on the system will be available in the near future.

The initial cards the children receive will be last year's swipe cards. Students new to the school will receive a card with their name. Once fall school pictures are taken, then we will provide all students with a new ID card with a bar code. We will collect these cards after students use them at lunch and return them to the teacher for the following day. **A lost or damaged card will cost \$5.00 to replace.**

HAPPY SCHOOL YEAR!!!!

Mrs. Carrie Clemson, Cafeteria Manager